

# Winter

## Holiday Program

### Bass Coast Aquatic & Leisure Centre - Week 1 & 2

Mon 7 <sup>th</sup> & 14 <sup>th</sup> July	Tue 8 <sup>th</sup> & 15 <sup>th</sup> July	Wed 9 <sup>th</sup> & 16 <sup>th</sup> July	Thu 10 <sup>th</sup> & 17 <sup>th</sup> July	Fri 18 <sup>th</sup> July
<b>Kids Fitness Classes</b>	<b>Play Gym</b>	<b>DS Sports – Full Day Program</b>	<b>DS Sports – Full Day Program</b>	<b>Matt Shanahan's Holiday Basketball Camp</b>
9:15am – 10:15am	9:00am – 11:00am	7:00am – 5:00pm	7:00am – 5:00pm	9:30am – 11:00am
10:30am – 11:30am	11:00am – 1:00pm			
11:45am – 12:45pm				

### Phillip Island Leisure Centre - Week 1 & 2

Mon 7 <sup>th</sup> & 14 <sup>th</sup> July	Tue 8 <sup>th</sup> & 15 <sup>th</sup> July	Wed 9 <sup>th</sup> & 16 <sup>th</sup> July	Thu 10 <sup>th</sup> & 17 <sup>th</sup> July	Fri 18 <sup>th</sup> July
<b>DS Sports – Full Day Program</b>	<b>DS Sports – Full Day Program</b>	<b>Kids Fitness Classes</b>	<b>Play Gym</b>	<b>Matt Shanahan's Holiday Basketball Camp</b>
7:00am – 5:00pm	7:00am – 5:00pm	9:15am – 10:15am	9:00am – 11:00am	1:30pm – 3:00pm
		10:30am – 11:30am	11:00am – 1:00pm	
		11:45am – 12:45pm		

Explore the winter holiday activities on the following page

**Bass Coast**  
Leisure

## DS Sports

Get ready for action-packed fun! DS Sports brings the ultimate day of play with non-stop sports, games, team challenges and creative competitions. Kids will make new friends, stay active and most of all—have a blast in a safe and supportive environment!

This is the DS Sports experience you know and love!

- All-day fun
- Qualified coaches
- Inclusive and energetic

## Play Gym

Let's roll, bounce, climb and play! Our Play Gym session is a fun-filled mix of movement and discovery for younger children. With soft play equipment, mini obstacle courses, and interactive games, it's perfect for curious kids with energy to burn!

- Safe, playful space
- Encourages coordination and exploration
- Great for younger ages

## Kids Fitness Classes

It's time to move, jump, stretch and play! Our Kids Fitness sessions are designed to keep little bodies active while building confidence through movement. Led by experienced instructors, kids will enjoy circuits, games, and fitness challenges that make exercise feel like fun.

- Energising movement
- Fun, interactive sessions
- Builds strength and confidence

## Matt Shanahan's Holiday Basketball Camp

Get ready for an action-packed holiday camp led by former NBL pro and elite coach Matt Shanahan! This exciting camp is all about learning basketball the fun way — through engaging games, teamwork challenges, and skill-building activities designed specifically for young players aged 6 to 12. Children will enjoy:

- Fun and inclusive basketball games
- Confidence-building drills and activities
- A positive and supportive environment
- Skill development in dribbling, passing, shooting, and teamwork
- Lots of laughter, energy, and encouragement!

Whether your child is just starting out or looking to sharpen their skills, this camp delivers the perfect mix of fundamentals, fun, and friendship.